



Name: _____

Watercolor tip:

If you want, add soft watercolor shades to your page—light blue, blush pink, lavender, and pale yellow.

Introduction ★

Love isn't only something we hear with our ears.

Sometimes we can “hear” love in quiet ways—through caring actions, kind choices, helping hands, warm smiles, and when someone makes us feel safe and special.

Part 1: Draw Your Love Moment 🖍️

Think of a time you “heard” love without any words or sounds. What was happening?

My picture shows:

Part 2: Sentence Starters

Finish each sentence with your own ideas.

1. I feel loved when someone _____
2. Love sounds silent when _____
3. Without saying a word, my family shows love by _____
4. The quietest way to show love is _____

I can “hear” love in my heart when _____

Part 3: Color the Love

Directions: Color the hearts with the colors that love feels like to you.



Reflection Box

The most important thing I learned about silent love is:

A kind action I can show today is:
